Collaborative Problem Solving

An Innovative Trauma Informed, Skill-Based Approach for Teaching, Treating, Parenting/Caregiving Youth (& Adults) with Challenging Behavior

CPS Introductory Overview Dec. 11, 2018 8:30am - 4:00pm

Jackson County Health & Human Serv. Bldg. 140 S. Holly St., Medford, OR



Stop chasing temporary compliance and start building skills!!!

Who should attend?

- ✓ Educators & Childcare Providers
- ✓ Mental Health & Healthcare Providers
- ✓ Parents & Caregivers

What will I learn/gain?

- ✓ Comparisons of how CPS more effectively addresses behavior than traditional models
- ✓ Overview of how to assess & plan intervention components of CPS Model
- ✓ Understanding of Strategies for when a child has difficulty with:
 - Frustration Tolerance
 - Cognitive Flexibility
 - o Emotional Regulation / Self-Regulation
 - Expressing thoughts, needs, concerns in words
- ✓ Understanding of Strategies for proactively working with children to build skills for areas of chronic challenges
- ✓ Understanding of Strategies to foster positive relationship & skill growth



Think: Kids Certified Trainers: Bowman Consulting Group

Rick Bowman, M.A., Clinical Psychology Doris Bowman, M.S. Education/Special Education

Training Details:

Details: 12/11/18 – 8:30 – 4:00p

Cost: Early Bird Discounted

\$115 (by 11/20/18)
Regular Discounted
\$130 (after 11/20/18)
*Lunch Included

Continuing Certificate for 7 PDU's is **Education:** provided to each attendee from Mass General Hospital

Questions: Contact Cindy at 541-245-3508 doris@bowmanconsultgroup.com

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